



Dec-2013

Celebrating Three Wonderful Years of Service

As many of you know, FBT began in September 2010 as a way of providing God's love, hope, and encouragement to women and girls affected by cancer. This year we achieved a major milestone, as a result of your generous donations, more than 2,187 "Boxes of Love" have been delivered to date to cancer patients in the Atlanta area through our 11 Beneficiaries-in-Kind Partners.

A few weeks ago, at one of our community events, someone asked a couple of questions about how we began. Her questions were: what was your goal at the beginning, and how many Boxes of Love did you want to deliver? When I thought about it, I had to smile because I really did not have a concrete plan or goal for FBT. I just had a burning desire to bring hope, love and encouragement to two friends who were bravely battling cancer. It was also a way of honoring an aunt who had lost her battle with cancer a few years earlier. That's how this began. However, what has become abundantly clear to me, over these past three years, is that even though I did not have a plan for Feel Beautiful Today – God did! All the glory goes to Him. He is the true architect behind FBT.

These first three years have truly been a BLESSING, and we look forward to partnering with you for many more years to come!
Merry Christmas!



WHAT'S NEW AT FBT?

New and Improved Website



Please visit our new and improved website, www.feelbeautifultoday.org, to learn more about the foundation and please spend time reading the testimonials from patients who constantly write us to send along their thanks to our volunteers for caring. The new website also features some very beautiful women who were recipients of your Boxes of Love. They were so touched by your generosity that they graciously accepted our invitation to include their pictures on the website. You helped them and they in turn want to help others.

Two New Bracelet Designs

“Beautiful Ladies”

One of the most beautiful moments in an average day is when we see the majesty of a brilliant rainbow manifest itself after a mighty storm. One of our new designs was inspired by the rainbow and its symbolism, the beautiful promise of hope it represents and the vibrant living colors we see. I also wanted to celebrate the life of hundreds of survivors that we have been blessed to serve in the first three years with this ministry; as well as the amazing lesson of courage, hope, and love we receive from them. The Beautiful Ladies design displays elegant color in light from a soft-golden crystal combined with the graceful garnet tear drop. Smoky and sleek rose crystals, delicate pearls, and clear quartz finish off the piece. In Beautiful Ladies, we celebrate the brave unknown survivor, the patient, and those heroes that face the battle of life every day.

“Beautiful Girls”

I wanted this design to celebrate life. During our visits to the children’s hospitals, we often find hope in the midst of pain. We see innocent yet brave kids who constantly teach us lessons of life. In this spirit, Beautiful Girls glistens with delicate crystals of tear drops in the colors of the rainbow. Combined with the light from quartz and the softness and elegance of pearls, this bracelet helps to portray brilliance in the face of adversity...hope after a storm. In honor of the children who have so bravely fought and continue to fight, we feel so humbled to have taken part in their journeys these three years into our ministry.



Celebrating Two Major Milestones: Three Years and 2000 Bracelets.

With the help of some brave cancer survivors at Dekalb Medical, we celebrated our third anniversary and donated our 2,000th Box of Love! To commemorate the event, we launched our newest design, “Beautiful”. It was a blessing to create this work of art that will serve as a reminder of where we started and how far we have come. Just three years ago, we introduced our very first design, “Hope”, and since then we have rolled out ten additional designs including our latest. This one is perhaps the most significant because it signifies that cancer can never destroy our inner beauty. Courage and strength will always be beautiful.

Volunteer Appreciation

We had a lovely time on November 10th, celebrating, honoring and thanking all of our volunteers who have given their time, talents and hearts to bring love, hope and encouragement to women and girls affected by cancer through the ministry of Feel Beautiful Today. To those of you who were not able to attend, please know that you were missed. All of our volunteers are important and we never could have accomplished so much this year without the help and support of each and every one of you.

Recent Events

- **September 27.** Feel Beautiful Today held an event at **Cancer Wellness at Piedmont**. This was the first time that FBT was invited to deliver our program to this facility. Many of the patients were timid, and unsure of their abilities to create a bracelet. By the time they finished, there were plenty of smiles that came with the sense of accomplishment; simply happy to have been able to participate. We look forward to many more opportunities to bring FBT programs to Cancer Wellness at Piedmont.
 - **November 6.** This was a day that embodied the very essence of Feel Beautiful Today. The morning was spent with a lovely group of ladies in the community who sponsored 14 Boxes of Love. In the evening, we had the pleasure of giving hope, love and encouragement to a support group of patients and survivors at **North Fulton Hospital**. These women, each in a different stage of their disease, inspired us with the love and support they showed each other. It was all about love, laughter, tears, lots of conversation and beautiful bracelets. It was a perfect FBT day.
 - **November 7.** **Winship Cancer Institute at Emory** sponsored 25 Boxes of Love for their patients and their caregivers. For the first time, we had the opportunity to bring our program to the infusion center and their outpatients. In the midst of obvious pain, Feel Beautiful Today brought a message of hope and positive reinforcement that helped patients focus their attention on a creative project rather than on their disease or pain. One patient summed it up by saying, *"Now, every time I look at my bracelet, not only can I be proud that I did it, but I'll remember all of you who cared and brought this program to us."*
 - **November 17.** FBT was selected by **The National Charity League, Gardenia Chapter** as a service project for 2013 where NCL sponsored a total of 200 Boxes of Love. 100 Boxes of Love were created at the event and the materials for another 100 were donated so that cancer patients at local area hospitals could create their own bracelets.
 - **December 5th.** Feel Beautiful Today held an inaugural workshop at
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Cancer Support Community Atlanta, in which survivors and family members had an opportunity to make a lovely gift of handmade jewelry for women and girls who are undergoing treatment for cancer at Northside Hospital.

We were able to deliver this month alone 100 Boxes of Love to the following Beneficiaries:

- Atlanta Ronald McDonald House Charities
 - Atlanta Cancer Care
 - Dekalb Medical
 - Gwinnet Medical
 - Wellstar Kennestone
 - Cancer Wellness at Piedmont
 - The Cancer Survivors' Network at Saint Joseph's
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CALL FOR VOLUNTEERS

Please consider donating your time and talents to FBT. As we continue to grow, we need more hearts and hands to further our mission. No experience necessary. We will train you and there is plenty to do. Please visit our website under "Volunteer" to sign up or to find out more about how you can become involved with our organization.

GIFTS THAT GIVE BACK

FBT now has T-shirts, scarves, tote bags, and clip-ons that you can purchase to help and support our mission. 100% of the profits from these items go to benefit our programs that are offered free of charge to cancer patients and survivors in the Atlanta area. Please visit our website to order.



YEAR END GIVING

FBT is a 501(c)(3) and all donations are tax deductible. Please consider a year-end donation to Feel Beautiful Today so that we can continue our mission and meet our goal in 2014. All donations must be postmarked by December 31st 2013 to receive your tax deduction.

Donations can be made online at www.feelbeautifultoday.org; or, you can mail your contribution to:

Feel Beautiful Today
1160 Oakhaven Drive
Roswell, GA 30075
Beautiful Blessings to you and yours!

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